

# SOUL GIFT

GIFT FINDER 2022

**11**

WAYS TO  
LIVE YOUR  
BEST LIFE

**UNDERSTANDING  
YOUR  
UNIQUENESS**

**BE A  
TRAILBLAZER**

**FAVORITE  
THINGS**

**YOU SHOULD  
CHECK OUT**

JOIEKYA.COM



Do  
more of what  
*you love.*

Hello Friend,

Okay maybe we aren't friends yet, but I have a feeling we have a lot in common. I'm going to guess that you are seeking to carve out your own path regardless of what others think.

You are also seeking that next great opportunity to live your best version of you. I can totally relate! In fact, I have been right where you are and find myself still asking what's next?

One thing is for sure, there is a ton of value in knowing your soul gifts. Some you already know although you may not be clear on how to articulate them they live within you and are felt by those your influence with your presence in their life. This little workbook is here to give you some space and time to reflect on you.

I want you to speak freely within the coming pages. You are the only reader that matters, because you are the only one that matters when it comes to embracing your gifts and strengths in this life.

In the follow pages we will touch on your story, looking the things that excite you and even give you a couple of tools to get you placing your gifts in the lead for your life and business.

I want to encourage you to join our community in Mighty Networks. There we share and offer free tools and resources for your souls journey.

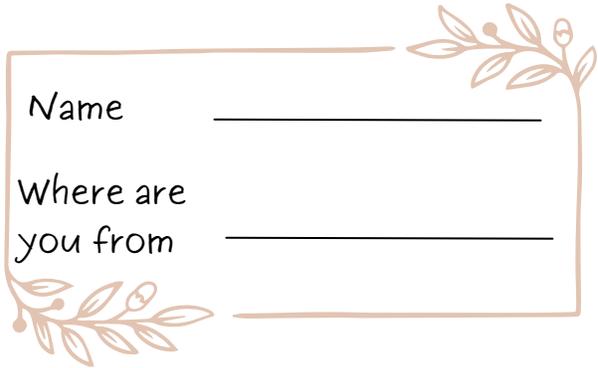
Much Love,  
Joie Kya

# ALL ABOUT ME

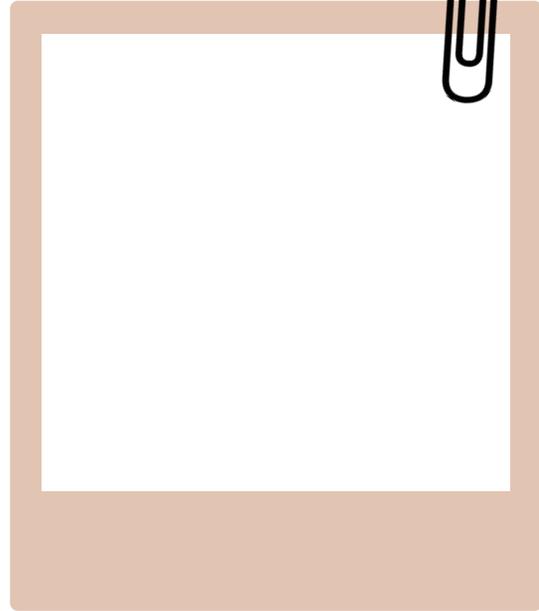
Here's a little warm up to get you thinking about you.

Name \_\_\_\_\_

Where are you from \_\_\_\_\_



A favorite memory is



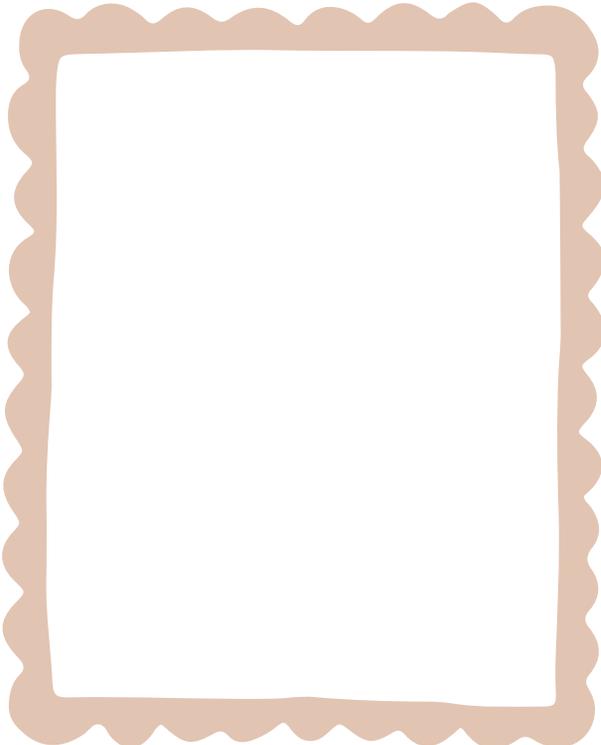
I am \_\_\_\_\_ years old.

I feel like I'm actually this old

\_\_\_\_\_

My days are filled with?

Who are the closest people to you and why?



My favorite color is \_\_\_\_\_

My favorite animal is \_\_\_\_\_

My favorite music is \_\_\_\_\_

My favorite food is \_\_\_\_\_

My favorite thing is \_\_\_\_\_

# UNIQUE SOUL GIFT

What are my key leadership skills & strengths?

What types of hobbies and activities do I love to do?

What am I good at?

What can I talk about for hours?

What have I struggled with that I need to move through?

# UNIQUE SOUL GIFT

Based on your responses what are areas you could build a business or vision on?

Write a list of the ideas that light you up and then score them 1 to 10.

Score

Idea

What idea feels the best? Now ask for feedback to ensure it is relevant.

# OVERCOMING MIND TRAPS

It's important to know your gremlins, what thoughts have held you back from taking a chance on your dreams.

Looking at the 'mind traps' suggest mental reframes you could use to try to overcome them.

'Mind trap' Example	Mental Reframe
The last time I started a hobby I spent lots of money and then lost interest.	I tried my best and I can try again next time.



You have  
something magical  
to share



# TAKING ACTION

SOULS GIFTS THAT YOU WANT TO BRING INTO YOUR LIFE

- 1.
- 2.
- 3.



Give your gift a name and lets create intention on how you will bring them to life in the next 6 months.

SOUL Gift

SOUL Gift

SOUL Gift



Action Steps:

Action Steps:

Action Steps:



What did you learn about yourself during this exercise?

I believe that your gifts are so unique that only you can express them. Sure some of us are painters or dancers, but some of us are called before we even know what kind of creative we are. We don't recognize the leader, the healer, the change maker within.

My hope is that this started your creative process, a pathway that will lead you towards this greater call for your life.

Again I want to encourage you to go to your inbox and open this email again. Click the link for The Academy and share with us your souls gift and how you feel being able to identify them. This is our sacred container of like-minded raw leaders who come together to create change in their lives, their families lives and for some humankind at large.

We are taught to play safe and small, but my friend(yes friend) that is not our true nature. Our nature is to create a ripple effect with just being alive and living our purpose and passion. That is our super power when we allow it to live and breathe.

I would love to hear from you too. Email me and let me know your thoughts. And yes, I still read and respond to my emails. So bring your shares to me.

Thank you greatly,  
Joie Kya